

RESEARCH: Apprenticeships and Internships

- ❖ **Teacher Tip:** This activity works best when taught with [MU-3.7](#) so students have a foundational understanding of the differences between apprenticeships and internships.

If you're looking for a way to get your foot in the door and learn more about a career field, get hands-on experience, and connect with mentors who can provide guidance, an apprenticeship or internship is a great place to start! In this activity, you will first choose which opportunity you would like to have. Then, you will conduct research on 3 different apprenticeships or internships you can apply for based on your preferences and skills.

Part I: Identify Your Preferences

Before you start researching different types of apprenticeships and internships, let's first focus on the type of work you want to do and what you would like to accomplish from these opportunities.

1. Which type of training experience do you see yourself doing: an apprenticeship or internship? Explain your reasoning. If you would like to review some of the differences between these two opportunities, review this [infographic!](#)

2. What skills do you currently have that you could apply towards an apprenticeship or internship?

3. What skills are you looking to acquire? (marketing, graphic design, teaching, etc.)

4. What industry do you want to get these skills in? (finance, education, health and wellness, etc.) Explain your reasoning.

a. If you need some inspiration, skim through a list of popular types of training using your own internet research or one of the links provided:

i. [Popular Apprenticeships](#)

ii. [Popular Industries that Offer Internships](#) (click on the “Internships” tab at the top navigation bar to select one of the popular industries. Then, click on the industry name to learn more about the type of work that is involved.)

5. What goals do you want to accomplish through this apprenticeship or internship? Include details such as certification, potential for a full-time position, etc.

Part II: Research Apprenticeships or Internships

Now that you have a more clear idea of the type of training you want to pursue, we can dive into looking up various types of apprenticeships and internships. Follow the directions to find 3 available apprenticeships or internships that fit your career goals.

6. Use the internet to conduct your own independent research or use the links provided below to help your search.

a. *If you’re researching Apprenticeships:* use the [Apprenticeship Finder](#) to search by occupation, company name, keyword, or location.

b. *If you’re researching Internships:* use Chegg’s [Internship Finder](#) to search by keyword or location

7. Once you’ve found a position that meets your preferences, click on that position to learn more about it.

8. Use the information you found to complete the table below.

Position	Company and Location	Description of Responsibilities	Requirements	Duration of Training	Compensation (if any)
Position 1:					
Position 2:					
Position 3:					

Part III: Reflection

8. Which of the 3 positions your researched most closely meets your goals and preferences? Would you apply for this position? Why or why not?

9. After researching these positions, what are 3 next steps that you want to commit to?

Extra Resources:

- [Available Occupations - Apprenticeships](#)
- [Types of Internships: How to Choose the Best One for You](#)
- [Five Tips for Finding Internships Online](#)